

SPECIAL

EDITION

2018



VIRGINIA HOSPITAL
CENTER

For 75 years,
Virginia Hospital Center's
mission has been to act
in the best interest
of each patient.

Help Us Serve You and Your Family for the Next 75!

Support our plan to strengthen the future of healthcare in our community. Please send an email supporting us to Katie Cristol, Chair, Arlington County Board at Kcristol@arlingtonva.us



“Our vision to be the best hospital has guided us throughout our history. From adding capacity to providing the very latest in advanced medical care, Virginia Hospital Center has continued to transform itself to meet the needs of our patients. Our planned expansion will enhance our ability to provide world-class patient care for our growing community.” – John R. Garrett, MD, FACS / Chairman, Board of Directors / Chief, Cardiac, Vascular & Thoracic Surgery

Virginia Hospital Center Today

Virginia Hospital Center and the Arlington community share a proud history, going back to 1935 when community members purchased a dairy farm as the site for a new hospital. Today, when Arlington families need advanced, high-quality healthcare, they come to Virginia Hospital Center.

- Every year, we serve more than 115,000 Arlington residents.
- In 2017, 75% of Arlingtonians who needed inpatient care received it at Virginia Hospital Center.
- 80% of Arlingtonians chose to deliver their babies here.

To ensure we can continue to provide healthcare at the highest possible level, we are proposing our first major expansion since 2004.



The Need for Expansion

The increase in admissions and visits is just one reason we need to expand.

- Nationwide, there is a significant shift toward more outpatient services.
- Our expansion will create a new Outpatient Pavilion, bringing outpatient services together in a single location and making it more convenient for patients and families to access the care they need.
- With the population of Arlington County projected to rise by 30% over the next 15 years, this is the right time for an expansion.

Benefits for You and Your Family

By consolidating outpatient services in the new Pavilion, we will:

- Open space on the main campus for **more inpatient beds** for cancer, cardiac and stroke patients.
- Provide critically needed inpatient **capacity for behavioral health services** (psychiatric and addiction treatment).
- **Expand our Emergency Department** to be able to treat more patients and reduce wait times.



Help us strengthen healthcare in Arlington to benefit you and your family! Show your support for The meeting will be held at 2100 Clarendon Blvd., Suite 300, Arlington, VA. You may also send

The new Outpatient Pavilion provides direct, easy access from parking to treatment areas. Bright, open spaces with natural light enhance patient comfort.

- Add **much-needed parking spaces**—both above and below ground.
- Create a 1.3-acre welcome oasis of open **green space** as part of the new 5.5-acre parcel.
- **Reduce traffic flow on community streets** with the construction of an access road on the Hospital campus, to make it easier to park your car and get to your appointment on time.



The New Outpatient Pavilion

- Comprehensive Outpatient Surgery
- Outpatient & Women's Imaging
- Outpatient Pharmacy
- Outpatient Lab
- Endoscopy
- Physical Therapy
- Medical Offices
- A Café and Open Green Space
- Convenient Access Road and Parking



For more than 30 years, I've had the privilege of serving Arlington County residents. Our Board, physicians, staff and volunteers share my deep commitment to our community. Our collaborative work with the County and communities we serve ensures that we meet the area's growing healthcare needs in the most efficient and effective way possible. By growing essential critical care services and increasing convenient access, this campus expansion puts our patients and families first." — James B. Cole / Virginia Hospital Center President & Chief Executive Officer

our expansion at the Arlington County Board meeting on Saturday, September 22 at 8:30 am.
an email supporting us to Katie Cristol, Chair, Arlington County Board at Kcristol@arlingtonva.us

Our Commitment to a Healthier Arlington

Virginia Hospital Center's commitment to the community began more than 75 years ago and continues today. We are the third largest employer in Arlington County with more than 3,000 employees, the largest percentage of whom live in Arlington.

HERE ARE JUST SOME EXAMPLES OF HOW WE GAVE BACK TO OUR COMMUNITY IN 2017

Promoting better health for all Arlington families, especially those people who participated in 261 health, fitness and exercise classes.

3,000 CLASS REGISTRATIONS



Improving the health of diabetic patients who made over 1,000 total visits to our Diabetes Self-Management Education program.

Supporting cancer patients, survivors and their family members with 6,000 free counseling sessions, educational classes and support groups through our Cancer Resource Center.



Contributing \$46.4 million in community benefit, including charity care, uncompensated care, medical education, and health screening and community outreach.

\$46.4 MILLION IN COMMUNITY BENEFIT

Providing medical care to our most vulnerable community members at our Outpatient Clinic in partnership with the Arlington County Department of Human Services, Arlington Free Clinic, CareFirst and the Jennifer Bush-Lawson Foundation.



Caring for 3,600 in-need children in our Arlington Pediatric Center by providing more than 16,000 clinic visits.

16,000 CLINIC VISITS

Saving lives with a goal of training 4,000 people to do hands-free CPR through our Hands2Hearts program with our community partner, the Arlington County Fire Department.



WE NEED YOUR HELP

Join us at the Arlington County Board meeting on Saturday, September 22 at 8:30 am. The meeting will be held at 2100 Clarendon Blvd., Suite 300, Arlington, VA. You may also send an email supporting us to Katie Cristol, Chair, Arlington County Board: Kcristol@arlingtonva.us

