

Terms and Conditions for Participation in the Executive Health Program at Virginia Hospital Center

Preparation for Executive Health Screenings

With the exception of water, individuals should not eat or drink anything the day of the scheduled Executive Health screenings, beginning at 12:00am. For cardiac testing, individuals who smoke should not do so any less than three hours before the exam.

Nutrition Assessment

Those who sign up for the Nutrition Assessment must provide a record or diary of food type and amounts consumed during the three day (minimum) period prior to the assessment date. Patrons may request forms that can be used to provide this information.

Executive Health Follow-Up

Executive Health physicians and medical staff may make treatment recommendations based on individual screenings/lab test results; however, it is the responsibility of the individual to take subsequent action and follow up with their personal healthcare provider based on the recommendations of the physicians and staff. While the Executive Health program at Virginia Hospital Center will provide you with important and valuable lifestyle and health information, the program is not meant to be a substitute for normal clinical care and is not designed to provide for the treatment of emergent or chronic conditions. While we can assist you in finding suitable care or in providing information to your regular physicians and specialists, in providing the services under the Executive Health program, the Hospital is not responsible for individuals who do not follow up with recommended treatments.

Statement of Financial Responsibility/Assignment of Benefits

As a condition for participation in the Executive Health program and receipt of services you may not be enrolled in Medicare or Medicaid or any other governmental healthcare program. Also, the Hospital does not accept reimbursement or payment from any private or commercial insurance in which you may be enrolled for any of the services rendered to Executive Health patrons. All patrons are legally responsible for all charges in connection with the medical care and treatment provided by representatives of the program. These charges may include any collection of attorney's fees related to not paying the bill when due. The Hospital makes no representations regarding whether you may be reimbursed for any of the payments made for the services provided to you under this Executive Health program.

Scheduling an Executive Health Appointment

A valid credit card number with expiration date is required to hold an Executive Health appointment.

Cancellation/No-Show Policy

Cancellations should be made at least 2 weeks (10 business days) prior to the scheduled appointment time. Failure to provide the appropriate notice will result in a \$250.00 charge on your credit card. Any missed ("no-show") appointments will result in a \$500.00 charge on your credit card.

By signing below you are agreeing to all the above terms and conditions.

Signature of Executive Health Patron: _____ Date: _____

Printed Name of Executive Health Patron: _____

You may fax this completed form to 703.717.4701.