

Virginia Hospital Center

Community Needs Assessment Implementation Strategy

November 2017



Community Insight Profile

Survey of Community Professionals

- Sent to 91 Community Stakeholders – 100% response rate
- Example Respondents:
 - Arlington County, Law Enforcement, School Representatives
 - Arlington Free Clinic Leadership
 - VHC Medical Leaders
 - Religious Leaders
 - N. Virginia Health Systems Agency
 - Community non-profits, health and welfare

Community Insight Profile

Survey of Community Professionals

Important Health Concerns:

- Mental Illness
- Childhood and Adult Obesity
- Substance Abuse – Drugs and Alcohol
- Dental Care/Oral Health
- Cancer/Diabetes/Heart Disease/Stroke/Tobacco Use

Community Insight Profile

Survey of Community Professionals

Important Service Gaps:

- Behavioral Health Services
- Substance Abuse Services
- Health Care Coverage
- Aging Services/Social Services
- Dental Care/Oral Health

Community Indicator Profile

Quantitative Analysis*

- Demographic Profile:
 - Population growing faster & more densely populated
 - More racially & ethnically diverse
 - Smaller poverty population
 - Higher education
- Health: lower preventable hospitalization by age & diagnosis
- Mortality: lower mortality rates at all age ranges
- Maternal/Infant Health: lower birth rate, higher birth weights & lower infant death
- Behavioral Health: lower utilization

*** As compared to the rest of the Commonwealth of Virginia**

VHC Response & Future Plans

Addressing Health Concerns & Service Gaps

- Mental Illness – Behavioral Health
 - Expand psychiatric inpatient capacity
 - Expand substance abuse services
 - Expand Emergency Department mental health capacity
 - Acute inpatient & outpatient recovery & wellness program – with focus on assisting military personnel

- Childhood & Adult Obesity
 - Regular, ongoing community education and exercise programs for weight management
 - Full-service weight management & bariatric surgery program
 - Nationally-recognized Center for Excellence for weight management
 - APC obesity program

VHC Response & Future Plans

Addressing Health Concerns & Service Gaps (cont)

□ Medical/Surgical Services

- Expand inpatient med/surg bed capacity
- State-of-the-art Heart & Stroke Centers; nationally recognized Centers of Excellence
- Cancer Center – CoC Accredited & recipient of the Outstanding Achievement Award
- Radiation Oncology – linear accelerator & stereotactic radiosurgery expansion
- Diabetes screening, counseling & education
- Expansion of outpatient physical therapy services
- Expansion of primary care network – Centers in Arlington, Alexandria, Falls Church, McLean & Shirlington
- Implementation of new integrated health record

VHC Response & Future Plans

Addressing Health Concerns & Service Gaps (cont)

- Dental Care/Oral Health
 - Not a service expertise of Virginia Hospital Center
- Aging Services
 - Ongoing “Healthy Aging” series and Alzheimer Support Group
 - Lifeline Response System to community and low-income seniors
 - Comprehensive senior services: exercise, nutrition, disease management, falls prevention, safety and memory screening
 - Collaboration with Senior Living facilities: focus on improving care and decreasing preventable admissions